

RUN



RUN

The 24th Annual

# TOAST-TO-THE-CAPTAIN

ROAD RACE

8.4 miles

**Saturday February 13, 2010 6:00 A.M.**

FOR CAPTAIN TEDDY SEYMOUR,

THE FIRST BLACK MAN TO SAIL AROUND THE WORLD ALONE.

Christiansted, St. Croix, Virgin Islands – Course: Christiansted to Southgate  
to Mt. Washington/Great Pond to Tide Village to Christiansted...

Awards/Breakfast after race at Kalima Center

Ted shares his memories of former teammate Ted Corbitt...

Entry Fee: \$10.00

Sponsored by: Love Song Charters

Sanctioned by: The Virgin Islands Track & Field Federation

Organized by: *The Virgin Islands Pace Runners*

**Waiver—Release—Statement of Fitness**

I take full responsibility for my participation in this event which is at least 8.4 miles of running on public roads and streets.. I understand that this event will take place on public streets used by automobiles and other vehicles, with limited traffic control. I further release all sponsors, organizers, and volunteers from all claims resulting from loss, injury or illness resulting from my participation in this event and give permission to use my name and/or picture, videotape, motion pictures, recordings and other record of this event for a legitimate purpose.

Print Name: \_\_\_\_\_

Last

First

Mailing Address: \_\_\_\_\_

Age: \_\_\_ Date of Birth: \_\_\_ Sex: \_\_\_ Phone #: \_\_\_\_\_ email: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent of guardian:

\_\_\_\_\_ Date: \_\_\_\_\_



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