



# RUN

WALKERS WELCOME

## The Annual Cane Bay Jingle Bell 5Miler...

7:00 A.M. Saturday December 21, 2019

- ◆ Cane Bay Beach, North Shore Road...out-and-back
- ◆ Medals to top male and female finishers
- ◆ Prize to runner with best costume...Prize Raffle
- ◆ The Virgin Islands Pace Runners
- ◆ Organized By: The Virgin Islands Pace Runners
- ◆ Sanctioned By: The Virgin Islands Pace Runners
- ◆

### RELEASE—WAIVER—STATEMENT OF FITNESS

I entering this footrace, hereby attest that I have trained adequately for and am in proper physical condition as ascertained by a licensed physician, to run 5 miles in high heat and humidity with limited traffic control on public roads. I further release all sponsors and volunteers from all claims resulting from loss, injury or illness resulting from my participation in this race and give permission to use my name and/or picture in any account of this race.

PRINT NAME: \_\_\_\_\_ AGE: \_\_\_ SEX: \_\_\_ FEDERATION# \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

YOUR ORGANIZATION, SCHOOL, CLUB: \_\_\_\_\_ email \_\_\_\_\_

COUNTRY OF RESIDENCE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN IF YOU ARE UNDER 18 YEARS OF AGE: \_\_\_\_\_

DATE: \_\_\_\_\_

<http://virginislandspace.org>  
40th Anniversary