



V.I.Pace Runners Bulletin: Oct. 24, 2012 ***St. Croix Cross-Country Champions Decided...***

The third race in the 4H-V.I.Pace Runners Cross-Country Series decided the St. Croix champions for elementary boys and girls, under 16 boys and girls and varsity boys and girls yesterday at the University of the Virgin Islands St. Croix campus.



Start...Elementary Girls 1Mile

V.I.Pace Runners Photo

Elementary Girls

In the first race of the day Mikaela Smith of Good Shepard School and the St. Croix Track Club continued her winning ways as she led the field 50 elementary school girls around the one mile loop, her time was 6:43; Avia Joseph of Claude O. Markoe School was second in 7:16 and Tyannah Lake of Alexander Henderson School was third in 7:19.



Start...Elementary Boys 1 Mile

V.I.Pace Runners Photo

Elementary Boys

In yet another close battle for the boys elementary title, Phar-I Merchant of Ricardo Richards School in a photo finish took first place in 6:15; Shalmaark Spencer of Alfredo Andrews School was second in also 6:15 and Valance Modeste was third in 6:16.



Start...Boys/Girls Under 16 2 Mile

V.I.Pace Runners Photo

Under 16 Girls

Rachael Conoff of Country Day School took first place in the girls under 16 2mile race with a time of 15:07; Stefanie Mathew of Arthur A. Richards School was second in 15:50 and Krystahl Gordon of John H. Woodson School was third in 17:02.

Under 16 Boys

Malique Smith of St. Croix Educational Complex High School ran a personal best to finish first in the 2mile race with a time 11:31; his teammate Rodney Griffin was second in 12:15 and Elijah Delvish of Freewill Baptist School was third in 13:12.



Start...Varsity Boys/Girls 5K

V.I.Pace Runners Photo

Varsity Girls

Jazmine Willock of Country Day School finished first in 25:04 for the 3.1 mile race; Karen Dascent of St. Croix Educational Complex was second in 25:35 and Aile Browne of St. Croix Educational Complex was third in 27:35.

Varsity Boys

Alex Washington of Country Day School took first place over the 3.1 mile distance with a time of 19:55; Greddie Gomez of Freewill Baptist School was second in 20:53 and Lais Williams of Country Day was third in 20:54.

Open 5K

Billy Bohlke was the overall winner of the 5k race with a time of 18:31; Bobby Mohammad was second in 22:45 and Antonio Maysonette was a close third in 22:53.

Individual awards were presented to the top 15 finishers in each of the school categories.

Elementary School champions:

Girls

1. Claude O Markoe 34
2. Alexander Henderson 58
3. Pearl B Larson 104
4. Eulalie Rivera 135
5. Alfredo Andrews 147
6. Good Shepherd
7. Good Hope
8. Ricardo Richards
9. Free Will Baptist
10. Charles H Emmanuel

Boys

1. Alfredo Andrews 34
2. Ricardo Richards 98
3. Evelyn Williams 100
4. Country Day 127
5. Alexander Henderson 148
6. Good Hope 161
7. Pearl B Larsen 176
8. Claude O Markoe 176
9. Eulalie Rivera 211
10. Free Will Baptist
11. Good Shepherd
12. Juanita Guardine
13. Charles H Emmanuel

The Cross Country MVPs are:

Elementary

Mikaela Smith – Good Shepherd – 60 points

Phar-I Merchant - Ricardo Richards – 60 point

U16

Rachel Conhoff – Country Day – 58 points

Malique Smith – St. Croix Educational Complex – 60 points

U20

Jazmine Willock – Country Day – 60 points

Lais Williams – Country Day – 55 points

School Champions

Elementary Girls

Champion – Claude O Markoe – 34 points

Runner-Up – Alexander Henderson – 58 points

Elementary Boys

Champion – Alfredo Andrews – 34 points

Runner-Up – Ricardo Richards – 98 points

Notes:

1] Cross-country runners male and female and all ages are invited to compete in the V.I. National Cross-Country Championships to be held on November 3 at UVI St. Croix. The competition will include: 1 mile boys and girls; 2 miles junior boys and girls and 3.1 miles high school and open and masters (35 and over female, 40 and over male). Qualifiers in the national championships may be selected to compete in the NACAC Cross-Country Championships in Kingston, Jamaica.

2] Complete results will be posted on: www.eteamz.com/stxtc (St. Croix Track Club) and <http://virginislandspace.org> (The Virgin Islands Pace Runners)

3] For information contact: The St. Croix Track Club Keith Smith 340-778-3026 wk, 340-277-1123 c keithsmith@gmail.com or The Virgin Islands Pace Runners 340-643-2557 wallacewilliams@msn.com

4] The 4-H/V.I.Pace Runners Cross-Country Series is hosted by the University of the Virgin Islands Cooperative Extension Service/4H Program; organized by the Virgin Islands Pace Runners and sanctioned by the Virgin Islands Track and Field Federation in collaboration with the St. Croix Interscholastic Association.

