



V.I.Pace Runners Bulletin November 14, 2010 Results Cross-Country St. Croix...



Start Veterans Day 5K/V.I.Cross-Country Championships, St. Croix

V.I.Pace Runners Photo

V.I. Cross-Country season closes...Champions decided...

Cross-Country in the Virgin Islands concluded on Saturday at the St. Croix Campus of the University of the Virgin Islands with the staging of the Veterans Day 5K event which included: the Virgin Islands Cross-Country Championships for runners under 20, 14, 10 years of age and open categories.

St. Croix and St. Thomas had active seasons in cross-country with the staging of the annual 4-H/V.I.Pace Cross-Country Series in St. Croix and the Housing, Parks and Recreation series in St. Thomas. Both were host of the Interscholastic meets for school children.

Ian Cuffy and Mireille Smith are V.I. Cross-Country Champions...

In St. Croix, Ian Cuffy of the University of the Virgin Islands St. Croix Campus and the St. Croix Track Club won the open 5K male championship over the 3.1 mile course with a time of 18:59 as he took the lead on the soggy course early on and held it to the end. Tyler Jowasis, Unattached took second place with a time of 22:07 and Shamo Garcia of the St. Croix Track Club was third in 22:07.

Mireille Smith of the St. Croix Track Club dominated the female race and took first place with a time of 23:37; Earthla Augustin of SCTC was second in 27:21; Keri Whitehurst Unattached was third in 29:00 and Nichole Johnson Unattached was fourth in 32:14

Malique Smith and Shirvel Luck take Under 14 Titles...



Start Girls Under 14/Under 10 Veterans Day 5k/V.I. Cross-Country Championships St. Croix V.I. Pace Runners Photo

In one of the most exciting races of the day, Malique Smith of the St. Croix Track Club continued his dominant performance on the turf with a hard fought performance of 5:51 over one mile as he held off the a very strong challenge from Ariel Sanes of the Hounds and Foxes Track Club who ran 5:57; Nyhne Daniel of HFTC was right there for third with a time of 5:59.

Shirvel Luke of the HD Track Club from St. Thomas won the girls under 14 title with a time of 6:43 for the mile; Krystahl Gordon of the St. Croix Track Club was second in 7:09 and Janubia Sweeney of SCTC was third in 7:20.

Mikaela Smith and Valence Modeste take Under 10 Titles...

Mikaela Smith of the St. Croix Track Club won the girls under 10 title with a time equaling the boys and just a few seconds behind the under 14 girls as she covered the one mile course in 6:52; Vaniqua Edwards of SCTC was second in 7:18 and Miyah Bonano of SCTC was third in 7:52.

Valence Modeste of SCTC smiled as he crossed the finish line in 6:52 for first place; Phar-I Merchant of SCTC was second in 8:20 and Rafael Jackson of Alexander Henderson School was third in 8:41.

Jazmine Willock and Malcom Martin take Under 16 Titles...

Jazmine Willock of the St. Croix Track Club won the girls under 16 title over two miles with a time of 16:07; Makeda Turbe of Junior Barracudas Track Club was second in 17:13 and Maisha Martin of JBTC was third in 17:58.

Malcom Martin of JBCTC was the first place boy under 16 with a time of 14:41; Moises Gonzales of John H. Woodson School was second in 15:22 and Migujel Euristhie of JBTC was third in 17:09.

Justin Hitesman and Stephanie Rhoden take Under 20 Titles...

Justin Hitesman of the SCTC took first place for under 20 males and second overall in the 3.1 mile race with a time of 19:45; David Walter of JBTC and V.I. Youth Olympian was second in 19:51 and third overall in the race.

Stephanie Rhoden, Laquida Iles and Shanel Soanes of the Junior Barracudas Track Club swept the under 20 girls...Rhoden's time was 26:00; Iles 27:44; Soanes 37:14.

Notes:

Elementary Cross Country MVP trophies for the cross-country series:

Girls Mikaela Smith

Boys Adriel Sanes

Cross Country School Championship trophies and trophies to the individuals on the team

Girls:

1. Ricardo Richards - 36 points (1,5,7,10,13)

Mikaela Smith, Vaniqua Edwards, Vivica Edwards, Miyah Bonano, Tijiera Matthew

2. Eulalie Rivera - 59 points (2,3,9,16,29)
Krystahl Gordon, Annika Benders, Yudelka Acevedo, Amiah Daley, Anyla Edwards

Boys:

1. Evelyn Williams - 47 points (7,8,9,11,12)
Miguel Figueroa, Ijah Julian, Marcelino Rivera, Isaac Mendez, Gideon Laurent

2. Alexander Henderson - 61 points (3,4,14,16,24)
Manuel Davis, Kahdeem Horsford, Nahseen Acevedo, Miguel Gensee, Tovy Davis

Results November 15, 2010

MALE - 3.1 MILE

PlaceName Time Age Club/School

OPEN

1. IAN CUFFY 18:59 20 ST CROIX TRACK CLUB
2. TYLER JOWAISAS 22:07 UNAT
3. SHAMOI GARCIA 22:44 21 ST CROIX TRACK CLUB
4. GEORGE WILLOCK 26:26 ST CROIX TRACK CLUB
5. WES WHITEHURST 26:30 UNAT
6. DAVID SIMMER 30:59 UNAT
7. DAVID JOHNSON 39:57 UNAT

FEMALE - 3.1 MILE

PlaceName Time Age Club/School

OPEN

1. MIREILLE SMITH 23:37 ST CROIX TRACK CLUB
2. EARTHLA AUGUSTIN 27:21 ST CROIX TRACK CLUB
3. KERI WHITEHURST 29:00 UNAT
4. NICOLE JOHNSON 32:14 UNAT

GIRLS - 3.1 MILE

PlaceName Time Age Club/School

U-20

1. STEPHANIE RHODEN 26:00 16 JR BARRACUDAS TC
2. LAQUIDA ILES 27:44 17 JR BARRACUDAS TC
3. SHANEL SOANES 37:14 16 JR BARRACUDAS TC

BOYS - 3.1 MILE

PlaceName Time Age Club/School

U-20

1. JUSTIN HITESMAN 19:45 19 ST CROIX TRACK CLUB
2. DAVID WALTER 19:51 17 JR BARRACUDAS TC
3. ALEX RODRIGUEZ 20:12 18 CARIBS TC

4. JEREMY KARIAH 21:05 16 ST CROIX TRACK CLUB
5. JOSE ASCENDO 23:54 17 JR BARRACUDAS TC
6. JHOSTTIN RAMOS 26:45 17 JR BARRACUDAS TC
7. JAMAL ANDREW 30:57 18 JR BARRACUDAS TC

GIRLS - 2 MILE

PlaceName Time Age Club/School

U-16

- 1 .JAZMINE WILLOCK 16:07 15 ST CROIX TRACK CLUB
2. MAKEDA TURBE 17:13 15 JR BARRACUDAS TC
- 3 .MAISHA MARTIN 17:58 13 JR BARRACUDAS TC
- 4 .SATIBA PHILLIP 18:03 14 JR BARRACUDAS TC
- 5 .YAHIMIETTE CRUZ 19:33 13 JOHN WOODSON
- 6 .KAREN DASCENT 20:41 14 JR BARRACUDAS TC
- 7 .MIA CAMPBELL 22:19 15 JR BARRACUDAS TC
8. KAYRA CLAUDEN 24:30 14 JR BARRACUDAS TC

BOYS - 2 MILE

PlaceName Time Age Club/School

U-16

- 1 .MALCOLM MARTIN 14:41 15 JR BARRACUDAS TC
2. MOISES GONZALEZ 15:22 14 JOHN WOODSON
3. MIGUEL EURISTHIE 17:09 15 JR BARRACUDAS TC
4. JUSTIN NOEL 21:49 15 JR BARRACUDAS TC

GIRLS - 1 MILE

PlaceName Time Age Club/School

U-10

1. MIKAELA SMITH 6:52 9 ST CROIX TRACK CLUB
2. VANIQUA EDWARDS 7:18 9 ST CROIX TRACK CLUB
3. MIYAH BONANO 7:52 8 ST CROIX TRACK CLUB
4. VIVICA EDWARDS 8:24 9 ST CROIX TRACK CLUB
5. BRIANNA ESPRIT 9:01 8 HD TRACK CLUB
6. TIJIERA MATTHEW 9:14 9 ST CROIX TRACK CLUB
7. ANYLA EDWARDS 10:08 8 EULALIE R RIVERA
8. AMIRA THOMAS 10:13 9 ST CROIX TRACK CLUB
9. KYRA JOSEPH 12:28 8 ST CROIX TRACK CLUB

BOYS - 1 MILE

PlaceName Time Age Club/School

U-10

- 1 VALENCE MODESTE 6:52 9 ST CROIX TRACK CLUB
- 2 PHAR-I MERCHANT 8:20 9 ST CROIX TRACK CLUB
- 3 RAFAEL JACKSON 8:41 8 ALEXANDER HENDERSON
- 4 PHI-JAH MERCHANT 10:41 8 ST CROIX TRACK CLUB
- 5 TYLER RANDOLPH 10:42 7 ST CROIX TRACK CLUB

GIRLS - 1 MILE

PlaceName Time Age Club/School

U-14

1. SHIRVEL LUKE 6:43 13 HD TRACK CLUB
2. KRYSTAHL GORDON 7:09 11 ST CROIX TRACK CLUB
3. JANUBIA SWEENEY 7:11 11 ST CROIX TRACK CLUB
4. ANNIKA BENDERS 7:14 10 ST CROIX TRACK CLUB
5. SHAMIYAH BURKE 7:18 12 HOUNDS AND FOXES
6. DELMA LUKE 7:20 12 HD TRACK CLUB
7. DANISHWA ILARRAZA 7:29 11 ST CROIX TRACK CLUB
8. TYA DALSON 7:32 11 HOUNDS AND FOXES
9. BRITNEY SAGE 7:54 13 ST CROIX TRACK CLUB
10. NIA JACK 8:25 12 HOUNDS AND FOXES
11. YUDELKA ACEVEDO 9:26 11 ST CROIX TRACK CLUB
12. DESTINY MACK 9:42 11 HOUNDS AND FOXES
13. KESHAUNDIA QUINN 11:15 10 ST CROIX TRACK CLUB
14. DENYLIA WILLIAMS 12:25 11 ST CROIX TRACK CLUB

BOYS - 1 MILE

PlaceName Time Age Club/School

U-14

1. MALIQUE SMITH 5:51 13 ST CROIX TRACK CLUB
2. ADRIEL SANES 5:57 12 HOUNDS AND FOXES
3. NYHNE DANIEL 5:59 11 HOUNDS AND FOXES
4. RODNEY GRIFFIN 6:33 12 ST CROIX TRACK CLUB
5. KAHDEEM HORSFORD 6:50 11 ST CROIX TRACK CLUB
6. SEVON WASHINGTON 7:07 10 ST CROIX TRACK CLUB
7. BERTRAM SANDS 7:10 12 ST CROIX TRACK CLUB
8. TERREL EDWARDS 7:49 10 EULALIE R RIVERA
9. KEVIN DASCENT 7:51 10 JR BARRACUDAS TC
10. TERIQUE EDWARDS 8:21 10 EULALIE R RIVERA
11. LIQUAN HERMAN 8:39 13 JOHN WOODSON
12. HUGO GREENIDGE 9:27 10 ST CROIX TRACK CLUB
13. DAMARI MACK 9:28 11 ALEXANDER HENDERSON
14. KYLE WHITE 10:42 12 ST CROIX TRACK CLUB

Events organized by The Virgin Islands Pace Runners and The St. Croix Track Club, hosted by the 4-H Program of the Cooperative Extension Service of the University of The Virgin Islands, sanctioned by the Virgin Islands Track and Field Federation in cooperation with the St. Croix Interscholastic Association

Logon to: <http://virginislandspace.org>, <http://www.eteamz.com/stxtc/>



Start of the Elementary School Girls 1 Mile Cross-Country race St.Croix TC Photo

V.I.Pace Runners Bulletin: October 28, 2010

***St. Croix Elementary Cross-Country Champions determined...
170 runners compete in the 3rd 4-H V.I. Pace Runners Cross-Country Series races...***

The top five elementary boys and girls are going to St. Thomas to compete...

The St. Croix Girls and Boys Elementary School Champions were decided on Wednesday in the 3rd of four 4-H/V.I.Pace Runners Cross-Country Series races at the University of the Virgin Islands St. Croix Campus. In the first race the elementary girls were led over the one mile course by Mikaela Smith of Ricardo Richards School and the St. Croix Track Club with a time of 6 minutes and 51 seconds; Krysstahl Gordon of Eulalie Rivera School and SCTC was second in 7:04; Annika Benders also of ERES/SCTC was third in 7:08; Janubia Sweeney of Claude O. Markoe School was fourth in 7:16 and Vaniqua Edwards of RRES was fifth in 7:36.

Adriel Sanes of Good Hope School and the Hounds and Foxes Track Club continued his winning ways with a personal record in the elementary boys one mile race as he finished in first place with a time of 5:46; Nyhne Daniel of Charles Emanuel School was not far second in 5:58; Manuel Davis of Alexander Henderson was third in 6:15; Khadeem Horsford of AHES was fourth in 6:24 and Deonte Peterson of Ricardo Richards School was fifth in 6:25.

Willock and Smith of St.Croix Track Club lead the way in under 16 boys and girls with three wins in a row...

Jazmine Willock of Good Hope School and The St. Croix Track Club was the first place winner in the girls under 16 2 mile race with a time of 15:49; Satiba Phillip of the St.Croix Educational Complex/Barracudas Track Club was second in 18:28; Ashley Paddie of SCEC/BTC was third in 18:42; Britney Sage of Elena Christian Jr. HS and SCTC was fourth in 18:44 and Karen Dascent of SCEC/BTC was fifth in 18:55.

Malique Smith of the Ricardo Richards School and St. Croix Track Club won his third race in a row with a time of 12:15; Moises Gonzalez of John H.Woodson Jr. HS was second in 13:21; Rodney Griffin of Arthur Richards Jr. HS/SCTC was third in 13:46; Justin Noel of ECHS/BTC was fourth in 14:31 and Kayle Cornelius of St. Croix Central HS was fifth in 14:48.

Rhoden and Walter of St. Croix Educational HS/Junior Barracudas Track Club win the Under 20 male and female 5K races...

David Walter of the St. Croix Educational Complex High School and Junior Barracudas Track Club and V.I. Youth Olympian at the Singapore Youth Olympic Games this summer, won the male under 20 3.1 mile race with a time of 19:00 for second place overall and only one second behind overall winner of the event; Justin Hitesman of the St. Croix Track Club was second in 19:13; Jahdel Jules of the University of the Virgin Islands and SCTC was third in 19:46; Alex Rodriguez of St. Croix Central HS was fourth in 20:12 and Jeremy Kariah of Good Hope School was fifth in 20:27.

Cuffy and Augustin take honors in the open 5K

Ian Cuffy of the University of the Virgin Islands/St. Croix Track Club was the first place winner in the open 5k race with a time of 18:59 to hold off David Walter of ECHS/JBTC, he is undefeated in the series; Shamo Garcia was the second place finisher in the category in 22:34

Earthla Augustin took honors for the open female category with a time of 27:57

STX Cross Country Championship Results (Team) (10/27/2010)

Final Team Standing

ELEMENTARY - Girls

Place School Name Score

1	RICARDO RICHARDS	36
2	EULALIE R RIVERA	59
3	CLAUDE O MARKOE	75
4	EVELYN M WILLIAMS	94
5	JUANITA GARDINE	132
6	ALFREDO ANDREWS	142
7	ALEXANDER HENDERSON	

ELEMENTARY - Boys

Place School Name Score

1	EVELYN M WILLIAMS	47
2	ALEXANDER HENDERSON	61
3	RICARDO RICHARDS	63
4	GOOD HOPE	109
5	EULALIE R RIVERA	133
6	ALFREDO ANDREWS	145
7	CLAUDE O MARKOE	175
8	CHARLES H EMANUEL	
9	JUANITA GARDINE	

Note:

- Team scores are based on the addition of the first 5 places of the athletes for each team (lowest score wins).
- Ranking for schools with fewer than 5 athletes is accomplished by giving priority to the number of athletes on the team (team with higher number of athletes is ranked higher) followed by team score compared to teams with the same number of athletes.
- Scores for teams with fewer than 5 athletes are not posted.

The next event on the V.I.Pace Runners Calendar is the Veterans Day 5K (includes the V.I.Cross-Country Championships for all categories) on November 13 at the University of the Virgin Islands St. Croix Campus

For information logon to <http://virginislandspace.org> call: 340-643-2557 or 340-277-1123
Complete race results can be found on: <http://virginislandspace.org> and
<http://www.eteamz.com/stxtc/>