

RUN-RUN-RUN

The 37th

V.I. Pace Labor Day 5k

Monday September 2, 2019

◆ **5:00 pm Start**



- ◆ NS Road/Salt River Road (NEW START/FINISH)
- ◆ \$15 Entry Fee
- ◆ Course: Loop
5K = 3.1 Miles

Organized By:

NEW START/FINISH LINE...Northshore Rd/Salt River Road...same course...



40th ANNIVERSARY

Logon to: <http://virginislandspace.org>

Walkers invited...
Awards...Certificates

Sanctioned by:
The Virgin Islands Track & Field Federation

RELEASE—WAIVER—STATEMENT OF FITNESS

I entering this footrace, hereby attest that I have trained adequately for and am in proper physical condition, as ascertained by a licensed physiiian, to run approximately 3.1 miles in high heat and humidity with limited traffic control on public and private roads and grounds. I futher release all sponsors, volunteers and organizers from all claims resulting from loss, injury or illness resulting from my participation in this race and give permission to use my name and/or picture in any account of this race.

PRINT NAME: _____ DOB: _____ AGE: _____ SEX: _____ FEDERATION# _____

MAILING ADDRESS: _____ PHONE: _____

YOUR ORGANIZATION. SCHOOL, CLUB: _____ **Email:** _____
COUNTRY OF RESIDENCE: _____

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT OR GUARDIAN IF YOU ARE UNDER 18 YEARS OF AGE: _____
DATE: _____