

V.I. Pace Runners Bulletin: September 4, 2018
Annual Labor Day 5K the Start of Road Running Calendar in St. Croix...



1991 Pan Am Games Marathoner Havana, Cuba
1992 Olympic Games Marathoner Barcelona, Spain
Ana Guitierrez after Monday's Labor Day 5K

Good Hope/Country Day School senior Dominic Pugliese shows that he is serious about doing what it takes to stay on top of the Junior list of distance runners and triathletes as he led the way Monday afternoon in the 36th running of the Labor Day 5K Road Race on St. Croix's scenic and historic north Shore. His winning time was 18 minutes and 12 seconds. Joe Noonan a 50 year old masters runner with the National Guard was a hand full in the early going and finished second in 18:44; Mickey Dizon-Bauman is also showing that he will be a force to recon with on the school side as he finished third in 19:07.

Good Hope Country/Day coach Bridget Klein led the female runners to the start/finish line at Arawak Bay...The Inn at Salt River as the runners negotiated the half-mile climb up hill; she was fourth overall in 19:38; Megan Lambert was second in 21:54 and V.I. Olympic Marathon runner in 1992 Barcelona, Ana Guitierrez was third in 22:53.

NOTE:

1] The V.I.Pace Runners is celebrating its 40th Anniversary with plans to offer runs on its annual calendar as Virtual Runs to coincide with the real thing. Virtual Runs will provide runners from afar who choose to run a V.I.Pace run where they choose and get scored in results and receive special race medal and V.I.Pace anniversary t-shirt. (more on this to be announced shortly)

2] It was great to see Ned Jacobs and Doug Brady in the race; both are long time V.I.Pace Runners from back in the 70's and they still have their rivalry going.

3] long time V.I.Pace Runner Ana Gutierrez ran the marathon in the Pan American Game in Havana, Cuba in 1991, the homeland of her family.

4] a notable performance was put forth by V.I. record holder Billy Bohlke who landed just minutes before the race start but found that he missed the start. Running on his own because he loves it, he clocked 18:25!

The next event on the V.I.Pace Runners Calendar is the V.I. 10K Championship on Sunday September 16 at 6am with start/finish at Arawak Bay...The Inn At Salt River. Runners head west to Lavalee and return.

For information: logon to: <http://virginislandspace.org> call: 340-643-2557 email: wallacewilliams@msn.com

RESULTS

THE 36th LABOR DAY 5K ROAD RACE

Distance: 3.1 Miles

September 3, 2018

Arawak Bay...The Inn At Salt River

Christiansted, St. Croix, Virgin Islands USA

Organized by: The Virgin Islands Pace Runners

Sanctioned by: The Virgin Islands Track and Field Federation

Place	Name	Age	S	City	St	Club	Time	Pace
1	DOMINIC Puglise	17	M	Good Hope	Count		18:12	5:52
2	JOE Noonan	50	M	V.I.National	Gu		18:14	5:53
3	MIKEY Dizon-Bauman	14	M	Good Hope	Count		19:07	6:10
4	BRIDGET Klein	35	F	Good Hope	Count		19:38	6:20
5	BRICE Richards	14	M	Good hope	Count		19:45	6:22
6	WESTIN Galloway	34	M	Cambridge	MA		20:25	6:35
7	MASON Lambert	12	M	Good Hope	Count		21:36	6:58
8	MEGAN Lambert	37	F	Good Hope	Count		21:54	7:03
9	JEREMY Garfoot	37	M	St.Croix,	VI		22:18	7:11
10	JONATHAN Babin	40	M	St.Croix,	VI		22:24	7:13
11	KADEN Gleashon	11	M	Good Hope	Count		22:42	7:19
12	ANA Gutierrez	57	F	St.Croix,	VI		22:53	7:22
13	RANDLE Nielsen	50	M	Superior	Court		23:06	7:27
14	RYAN Barry	38	M	St.Croix,	VI		23:36	7:36

15	COOPER Crowther	15 M Good Hope Count	24:18	7:50
16	MIKEY Klein	51 M Jolly Roger	25:44	8:17
17	CARISSA Galloway	33 F Medford, MA	26:11	8:26
18	DULCIE Crowther	48 F St.Croix, VI	27:32	8:52
19	KIRSTINA Barny	33 F St.Croix, VI	27:39	8:54
20	AMBER Harken	41 F St.Croix, VI	27:57	9:00
21	ASHLEY Bouziavnis	34 F St.Croix,VI	28:24	9:09
22	DJ Bedells	48 M St.Croix,VI	29:02	9:21
23	JASON Harhen	41 M St.Croix,VI	29:06	9:22
24	MAYAH Russell	17 F Good Hope Count	29:18	9:26
25	ROY Ramsdell	14 F Good Hope Count	29:28	9:30
26	COLLEEN May	50 F St.Croix, VI	30:07	9:42
27	KIRA Lambert	12 F Good Hope Count	30:45	9:54
28	LINDY Freeman	46 F St.Croix, VI	31:03	10:00
29	MICHAEL Falcuek	45 M V.I.National Gu	31:59	10:18
30	DOUGLAS Brady	66 M St.Croix, VI	33:14	10:42
31	NED Jacobs	66 M V.I.Pace Runner	34:44	11:11
32	JEFF Kirschweg	36 M St.Croix, VI	35:20	11:23
33	AVA Kirschweg	11 F Good Hope Count	35:23	11:24
34	DOUGLAS Menzies	67 M St.Croix, VI	35:53	11:33
35	AYLA Siverly	15 F St.Croix, VI	36:28	11:45
36	MAE Menzies	56 F St.Croix, VI	42:10	13:35
37	JASON May	47 M St.Croix, VI	46:04	14:50
38	YOUR NAME Please	1 F	46:06	14:51
39	YOUR NAME Please	1 M	46:06	14:51
40	MATHEW Siverly	45 M St.Croix, VI	48:11	15:31
41	JONA Siverly	13 F St.Croix, VI	48:14	15:32

***** MALE OVERALL RESULTS FOR 5K RACE *****

1	DOMINIC Puglise	17 Good Hope Count	18:12
2	JOE Noonan	50 V.I.National Gu	18:14
3	MIKEY Dizon-Bauman	14 Good Hope Count	19:07
4	BRICE Richards	14 Good hope Count	19:45
5	WESTIN Galloway	34 Cambridge MA	20:25
6	MASON Lambert	12 Good Hope Count	21:36
7	JEREMY Garfoot	37 St.Croix, VI	22:18
8	JONATHAN Babin	40 St.Croix, VI	22:24
9	KADEN Gleashon	11 Good Hope Count	22:42
10	RANDLE Nielsen	50 Superior Court	23:06
11	RYAN Barry	38 St.Croix, VI	23:36
12	COOPER Crowther	15 Good Hope Count	24:18
13	MIKEY Klein	51 Jolly Roger	25:44
14	DJ Bedells	48 St.Croix,VI	29:02
15	JASON Harhen	41 St.Croix,VI	29:06
16	MICHAEL Falcuek	45 V.I.National Gu	31:59
17	DOUGLAS Brady	66 St.Croix, VI	33:14
18	NED Jacobs	66 V.I.Pace Runner	34:44
19	JEFF Kirschweg	36 St.Croix, VI	35:20
20	DOUGLAS Menzies	67 St.Croix, VI	35:53
21	JASON May	47 St.Croix, VI	46:04
22	YOUR NAME Please	1	46:06
23	MATHEW Siverly	45 St.Croix, VI	48:11

***** FEMALE OVERALL RESULTS FOR 5K RACE *****

1	BRIDGET Klein	35	Good Hope Count	19:38
2	MEGAN Lambert	37	Good Hope Count	21:54
3	ANA Gutierrez	57	St.Croix, VI	22:53
4	CARISSA Galloway	33	Medford, MA	26:11
5	DULCIE Crowther	48	St.Croix, VI	27:32
6	KIRSTINA Barny	33	St.Croix, VI	27:39
7	AMBER Harken	41	St.Croix, VI	27:57
8	ASHLEY Bouziavnis	34	St.Croix,VI	28:24
9	MAYAH Russell	17	Good Hope Count	29:18
10	ROY Ramsdell	14	Good Hope Count	29:28
11	COLLEEN May	50	St.Croix, VI	30:07
12	KIRA Lambert	12	Good Hope Count	30:45
13	LINDY Freeman	46	St.Croix, VI	31:03
14	AVA Kirschweg	11	Good Hope Count	35:23
15	AYLA Siverly	15	St.Croix, VI	36:28
16	MAE Menzies	56	St.Croix, VI	42:10
17	YOUR NAME Please	1		46:06
18	JONA Siverly	13	St.Croix, VI	48:14
FEMALE AGE GROUP: 10 - 19				
1	24 MAYAH Russell	17	Good Hope Country	29:18
2	25 ROY Ramsdell	14	Good Hope Country	29:28
3	27 KIRA Lambert	12	Good Hope Country	30:45
4	33 AVA Kirschweg	11	Good Hope Country	35:23
5	35 AYLA Siverly	15	St.Croix, VI	36:28
6	41 JONA Siverly	13	St.Croix, VI	48:14
MALE AGE GROUP: 10 - 19				
1	1 DOMINIC Puglise	17	Good Hope Country	18:12
2	3 MIKEY Dizon-Bauman	14	Good Hope Country	19:07
3	5 BRICE Richards	14	Good hope Country	19:45
4	7 MASON Lambert	12	Good Hope Country	21:36
5	11 KADEN Gleashon	11	Good Hope Country	22:42
6	15 COOPER Crowther	15	Good Hope Country	24:18
FEMALE AGE GROUP: 20 - 29				
MALE AGE GROUP: 20 - 29				
FEMALE AGE GROUP: 30 - 39				
1	4 BRIDGET Klein	35	Good Hope Country	19:38
2	8 MEGAN Lambert	37	Good Hope Country	21:54
3	17 CARISSA Galloway	33	Medford, MA	26:11
4	19 KIRSTINA Barny	33	St.Croix, VI	27:39
5	21 ASHLEY Bouziavnis	34	St.Croix,VI	28:24
MALE AGE GROUP: 30 - 39				
1	6 WESTIN Galloway	34	Cambridge MA	20:25
2	9 JEREMY Garfoot	37	St.Croix, VI	22:18
3	14 RYAN Barry	38	St.Croix, VI	23:36
4	32 JEFF Kirschweg	36	St.Croix, VI	35:20
FEMALE AGE GROUP: 40 - 49				
1	18 DULCIE Crowther	48	St.Croix, VI	27:32
2	20 AMBER Harken	41	St.Croix, VI	27:57
3	28 LINDY Freeman	46	St.Croix, VI	31:03
MALE AGE GROUP: 40 - 49				
1	10 JONATHAN Babin	40	St.Croix, VI	22:24
2	22 DJ Bedells	48	St.Croix,VI	29:02
3	23 JASON Harhen	41	St.Croix,VI	29:06
4	29 MICHAEL Falcuek	45	V.I.National Guard	31:59

5	37	JASON May	47	St.Croix, VI	46:04
6	40	MATHEW Siverly	45	St.Croix, VI	48:11
FEMALE AGE GROUP: 50 - 59					
1	12	ANA Gutierrez	57	St.Croix, VI	22:53
2	26	COLLEEN May	50	St.Croix, VI	30:07
3	36	MAE Menzies	56	St.Croix, VI	42:10
MALE AGE GROUP: 50 - 99					
1	2	JOE Noonan	50	V.I.National Guard	18:14
2	13	RANDLE Nielsen	50	Superior Court	23:06
3	16	MIKEY Klein	51	Jolly Roger	25:44
4	30	DOUGLAS Brady	66	St.Croix, VI	33:14
5	31	NED Jacobs	66	V.I.Pace Runners	34:44
6	34	DOUGLAS Menzies	67	St.Croix, VI	35:53
FEMALE AGE GROUP: 60 - 99					
MALE AGE GROUP: 60 - 99					
1	30	DOUGLAS Brady	66	St.Croix, VI	33:14
2	31	NED Jacobs	66	V.I.Pace Runners	34:44
3	34	DOUGLAS Menzies	67	St.Croix, VI	35:53