

"The Magic of the Mile" Come celebrate the Olympic Spirit Support V.I. Olympians! At The 27th Annual Olympic Day Run 2013

How long does it take you to run, jog, walk a mile? | How many calories do you burn when you run, jog, walk a mile? | How much weight do you lose when you run, jog, walk a mile? | How do you feel when you run, jog, walk a mile?

A one-mile run/jog/walk | Open to all ages and ability levels | Awards to each finisher, free Olympic Day tee-shirt, Olympic certificate, and pin to the first 100 finishers!

Registration Form

Date: June 22, 2013

Time: Run, Jog, walk in your group: 5:00pm (20min. Per mile group); 5:30 (15min. pm grp.); 5:45 (10min. Pm

grp.); 600pm (7min. pm grp.); 6:15pm (6min. pm grp.)

Place: The St. Croix Educational Complex High School Track

Who: Adults and Children of all ages!

Number:Olympic Day Run						
Name:	Age:	Date of Birth:	Male: _	Female:	_ Your Weight:	lbs.
Mailing Address:			Phone:		_	
Federation (if applicable):		Email:				
Release—Waiver—Statement of Fitness In consideration of accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against the organizer of this event and any and all sponsors, the Virgin Islands Olympic Committee, The Virgin Islands Track and Field Federation, The Virgin Islands Pace Runners and its and their employees, any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently rained for the completion of this event (which may be in high heat and humidity on a natural surface) and my physical condition has been verified by a licensed medical doctor. Further, I hereby grant full permission to any and all the forgoing to use any photographs, videotapes, motion pictures, recordings and other record of this event for any legitimate purpose.						
Signature:			Date:			
Signature of Parent (if under 18)						

Organized by: The Virgin Islands Pace Runners | Hosted by: The Virgin Islands Olympic Committee