



MARATHON Relay

What: A Marathon Relay Road Race

Where: Plaza Extra West, Frederiksted, St. Croix, U.S. Virgin Islands

When: Sunday, December 5, 2010, 5:00 A.M.

Who: The event is open to qualified runners (6 runners per team)

Distance: 26.2 miles

Course: Point-to-Point with Out-and-Back Course

Awards: To top finishing teams, certificates and special race tee-shirt to all participants

Race Pack Pickup Florence Williams Public Library Saturday 12/5 Noon

Entry Fee: \$300 per team

Organized by: The Virgin Islands Pace Runners

Sanctioned by: The Virgin Islands Track and Field Federation

RELEASE—WAIVER—STATEMENT OF FITNESS

I entering this footrace, hereby attest that I have trained adequately for and I am in proper physical condition as ascertained by a licensed physician, to run 31. miles to 6.2 miles in high heat and humidity with limited traffic control on public roads. I further release all sponsors and volunteers, organizers and Government of the Virgin Islands from all claims resulting from loss, injury or illness resulting from my participation in this race and related activities and give permission to use my name and/or picture in any account of this race.

ENTRY FORM

PRINTNAME: _____ AGE: _____ DOB: _____ SEX: _____

RACE# _____ EMAIL ADDRESS: _____

MAILING ADDRESS: _____ PHONE: _____

YOUR ORGANIZATION. SCHOOL, CLUB: _____

Date of Birth: _____ COUNTRY OF RESIDENCE: _____

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT OR GUARDIAN _____ DATE: _____

1st Leg 5K Name: _____

2nd Leg 10K Name: _____

3rd Leg 5K Name: _____

4th Leg 10K Name: _____

5th Leg 5K Name: _____

6th Leg 7K Name: _____