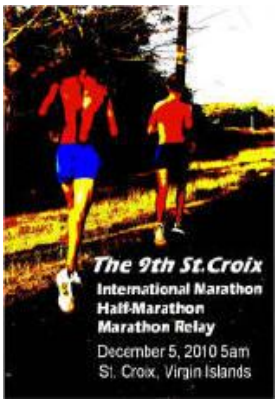

V.I.Pace Bulletin: December 6, 2010 Results
The 9th St. Croix International Marathon
The 36th Virgin Islands Half-Marathon

Scroll down for recap, quotes, results…

Jose Rodriquez takes first place in The 9th St. Croix International Marathon

St. Croix Marathon decides V.I. Champions

The 9th St. Croix International Marathon took advantage of the cooler early morning temperatures and aided a field of 20 marathoners and over 30 half-marathon runners over the flat and scenic Frederiksted course from Plaza Extra on Queen Mary Highway for the first five miles with the remaining distance along the beautiful shores of Frederiksted with a mile jaunt into the rainforest via Mahogany Road.

In the early going Jose Rodriquez of Puerto Rico and winner of the race in 2008, took the lead and never relinquished it to win with a time of 2:51.27 for 6:33 per mile. Eric Yeves Legros of Nashville, TN came to St. Croix to get a feel for the race that he and his wife Maureen Manning think can become a destination event for runners. Legros held second throughout the race and finished with a time of 3:09.39 for 7:15 per mile; Steve Burkholder of St.John and winner of the race in 2005, was the third male finisher in 3:46.10 for 8:38 per mile; Mike Klein of St. Croix made it to the start as the race began, was a close fourth male in 3:46.19 for 8:39 per mile and ultra marathoner Matt Halk of St. Croix was fifth in 3:50.23 for 8:48 per
mile.

Maureen Manning takes first place in The 9th St. Croix International Marathon

Maureen Manning from Nashville, Tennessee set a race and course record and finished third overall with a time of 3:18.14 for 7:34 per mile. Manning became the first woman to go under three hours and twenty minutes in the race. Anna Gutierrez, V.I. Olympic marathon runner in the Barcelona Olympics finished

second with a time of 3:43.50 and 8:33 per mile for fourth place overall and the V.I. female championship. Defending champion, Heidi Snow improved her time from last year by ten minutes to take third in 4:04.13 and 9:20 per mile; Patricia Mahoney of St.John, took the senior category with a time of 5:00.03 and 11:38 per mile.

Juan Robles takes first in The 36th Virgin Islands Half-Marathon

36th V.I. Half-Marathon: Robles defends…Harper new champion

St. Croix Central High School graduate Juan Robles took a short break from studies at Turabo University in Puerto Rico to defend his title as V.I. Half-Marathon Champion and ran a personal best 1:15.32 and 5:36 per mile to win the race which had a 66 degree breeze for the 6am start at Butler Bay in Frederiksted. Robles was not challenged in the race and had the opportunity to wear his new V.I. national team uniform provided by sponsor Mizuno. He ran for his college in the Puerto Rico college/university cross-country championships on Thursday. He will represent the V.I. in the NACAC Cross-Country Championships in Trinidad and Tobago in Feb. Jason Snow had a strong performance in the race and finished second in 1:38.45 for 7:33 per mile; James Dean was third in 1:42.55 and 7:52 per mile; Spencer Dickey from St. Thomas was fourth 1:49.14 and 8:21 per mile; Andy Hayward from London, England was fifth in 1:50.49 and 8:28 per mile.

Theresa Harper takes first place in The 36th Virgin Islands Half-Marathon

Theresa Harper of St. Croix won The V.I. Half-Marathon took first place in Sunday's race with a time of 1:39.18 and 7:35 per mile pace and third place overall. She took the lead from the start and never lost it. She has won the St. Croix Marathon three times and two bronze medals at CAC Cross-Country for the V.I.National Team. Cindy Pratt of Wheaton, Illinois was second in 1:46.36 and 8:09 per mile; Julie Somer was a close third in 1:46.37 and 8:09 per mile; Kara Comiter was fourth in 1:46.50 and 8:10 per mile and Amanda Wareheim was fifth in 1:52.11 and 8:34 per mile.

RUN RESULTS
THE 9TH ST.CROIX INTERNATIONAL MARATHON
ST.CROIX, VIRGIN ISLANDS
December 5, 2010
Timing by Project St.Croix/V.I.Pace Runners
Distance 42 Kilometers/26.2 Miles

Place	No.	Name	City	St	Age	S	Run	Pace
1	2	Jose Rodriquez	San Juan, Puerto R		49	M	2:51:27	6:33
2	4	Eric Yveslegros	Nashville, TN		30	M	3:09:39	7:15
3	3	Maureen Manning	Nashville, TN		30	F	3:18:14	7:34

4	16	Ana Guiterrez	Christiansted, VI	49	F	3:43:50	8:33
5	18	Steve Burkholder	St. John, VI	50	M	3:46:10	8:38
6	10	Mike Klein	Christiansted, VI	45	M	3:46:19	8:39
7	27	Matt Halk	Christiansted, VI	32	M	3:50:23	8:48
8	26	Adam Pratt	Wheaton, IL	35	M	3:52:22	8:53
9	11	Albion Thomas	Christiansted, VI	37	M	3:59:55	9:10
10	1	Heidi Snow	Christiansted, VI	30	F	4:04:13	9:20
11	8	TJ Vandehey	Christiansted, VI	25	M	4:04:14	9:20
12	28	Pat Marafiote	Weston, CT	56	M	4:08:14	9:29
13	24	Walter Clair	Nashville, TN	55	M	4:19:27	9:55
14	22	Troy Holloway	Christiansted, VI	47	M	4:20:00	9:56
15	14	Bob Halk	Christiansted, VI	30	M	4:38:15	10:38
16	25	Tim Lewin	St. Thomas, VI	33	M	4:45:31	10:54
17	6	Guy Klarfeld	Plainfield, NY	30	M	5:00:03	11:28
18	23	Patricia Mahoney	St. John, VI	65	F	5:00:03	11:28
19	21	Mike Sheesly	St. Thomas, VI	31	M	5:03:00	11:34
20	17	Stephen Sabin	Brentwood, TN	46	M	5:03:23	11:35

THE 9TH ST.CROIX INTERNATIONAL MARATHON
ST.CROIX, VIRGIN ISLANDS
December 5, 2010
Timing by Project St.Croix/V.I.Pace Runners
Distance 42 Kilometers/26.2 Miles

AWARD LIST

OVERALL MALE WINNERS

1	Jose Rodriquez	49	1	2:51:27
2	Eric Yveslegros	30	2	3:09:39
3	Steve Burkholder	50	3	3:46:10
4	Mike Klein	45	4	3:46:19
5	Matt Halk	32	5	3:50:23
6	Adam Pratt	35	6	3:52:22
7	Albion Thomas	37	7	3:59:55
8	TJ Vandehey	25	8	4:04:14
9	Pat Marafiote	56	9	4:08:14
10	Walter Clair	55	10	4:19:27
11	Troy Holloway	47	11	4:20:00
12	Bob Halk	30	12	4:38:15
13	Tim Lewin	33	13	4:45:31
14	Guy Klarfeld	30	14	5:00:03
15	Mike Sheesly	31	15	5:03:00
16	Stephen Sabin	46	16	5:03:23

OVERALL FEMALE WINNERS

1	Maureen Manning	30	1	3:18:14
2	Ana Guiterrez	49	2	3:43:50
3	Heidi Snow	30	3	4:04:13
4	Patricia Mahoney	65	4	5:00:03

FEMALE AGE GROUP: 30 - 39

MALE AGE GROUP: 30 - 39

1	Matt Halk	32	1	3:50:23
2	Adam Pratt	35	2	3:52:22
3	Albion Thomas	37	3	3:59:55
4	Bob Halk	30	4	4:38:15

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    5 Tim Lewin             33    5 4:45:31
    6 Guy Klarfeld          30    6 5:00:03
    7 Mike Sheesly          31    7 5:03:00
FEMALE AGE GROUP:  40 - 49

MALE AGE GROUP:  40 - 49
    1 Mike Klein            45    1 3:46:19
    2 Troy Holloway         47    2 4:20:00
    3 Stephen Sabin         46    3 5:03:23

FEMALE AGE GROUP:  50 - 59

MALE AGE GROUP:  50 - 59
    1 Pat Marafiote         56    1 4:08:14
    2 Walter Clair          55    2 4:19:27

FEMALE AGE GROUP:  60 and Over
    1 Patricia Mahoney      65    1 5:00:03

MALE AGE GROUP:  60 and Over
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RESULTS
THE 36TH VIRGIN ISLANDS HALF-MARATHON
ST.CROIX, VIRGIN ISLANDS
December 5, 2010
Timing by Project St.Croix/V.I.Pace Runners
Distance 21 Kilometers/13.1 miles

Place	No.	Name	City	St	Age	S	Run	Pace
1	34	Juan Robles	St.Croix, VI		23	M	1:15:32	5:46
2	59	Jason Snow	Christiansted, VI		30	M	1:38:45	7:33
3	48	Theresa Harper	Christiansted, VI		44	F	1:39:18	7:35
4	40	James Dean	Christiansted, VI		49	M	1:42:55	7:52
5	99	Cindy Pratt	Wheaton, IL		35	F	1:46:36	8:09
6	44	Julie Somer	Christiansted, VI		32	F	1:46:37	8:09
7	47	Kara Comiter	Christiansted, VI		35	F	1:46:50	8:10
8	41	Spencer Dickey	St. Thomas, VI		45	M	1:49:14	8:21
9	90	Andy Haward	London, England		50	M	1:50:49	8:28
10	56	Amanda Wareheim	Christiansted, VI		39	F	1:52:11	8:34
11	50	Dulcie Crowther	Christiansted, VI		41	F	1:54:04	8:43
12	51	Mike Bertrand	SK, Canada		46	M	1:56:04	8:52
13	57	Amy Bauman	Christianted, VI		36	F	2:06:27	9:40
14	97	Emily Shaup	Christiansted,VI		36	F	2:09:46	9:55
15	32	Christine Theilade	St. Augustine, FL		34	F	2:14:21	10:16
16	46	Todd Nurnberger	Christiansted, VI		39	M	2:15:56	10:23
17	98	Mandi Roberts	Christianted, VI		35	F	2:15:57	10:23
18	31	Julie Eckert	Christiansted, VI		31	F	2:16:01	10:23
19	45	Steve Margee	Weschester, Mass		62	M	2:19:43	10:40
20	35	Anne Morrison	Houston, TX		31	F	2:21:13	10:47
21	36	Robert Schroeter	Houston, TX		32	M	2:21:13	10:47
22	52	David Ziemer	Christiansted, VI		30	M	2:31:25	11:34
23	49	Ologa Capriola	Christiansted, VI		43	F	2:37:08	12:00
24	30	Janette Speakman	Christiansted, VI		40	F	2:42:20	12:24

25	54	Debbie Clair	Nashville, TN	55	F	2:42:53 12:27
26	96	Carole Lockwood	Kingshill, VI	37	F	2:43:05 12:27
27	53	Bree Greallis	Christiansted, VI	36	F	2:43:06 12:27
28	58	Margaret Morrison	Nashville, TN	31	F	2:44:44 12:35
29	38	Diana Freis-Lutz	Christiansted, VI	47	F	3:11:56 14:40
30	37	Rey Lutz	Christiansted, VI	56	M	3:11:58 14:40
31	55	Michelle Dizon	Christiansted, VI	41	F	3:12:22 14:42
32	42	Giselle Evora	Christiansted, VI	38	F	3:22:12 15:27

THE 36TH VIRGIN ISLANDS HALF-MARATHON
ST.CROIX, VIRGIN ISLANDS
December 5, 2010
Timing by Project St.Croix/V.I.Pace Runners
Distance 21 Kilometers/13.1 miles

AWARD LIST

OVERALL MALE WINNERS

1	Juan Robles	23	1	1:15:32
2	Jason Snow	30	2	1:38:45
3	James Dean	49	3	1:42:55
4	Spencer Dickey	45	4	1:49:14
5	Andy Haward	50	5	1:50:49
6	Mike Bertrand	46	6	1:56:04
7	Todd Nurnberger	39	7	2:15:56
8	Steve Margee	62	8	2:19:43
9	Robert Schroeter	32	9	2:21:13
10	David Ziemer	30	10	2:31:25
11	Rey Lutz	56	11	3:11:58

OVERALL FEMALE WINNERS

1	Theresa Harper	44	1	1:39:18
2	Cindy Pratt	35	2	1:46:36
3	Julie Somer	32	3	1:46:37
4	Kara Comiter	35	4	1:46:50
5	Amanda Wareheim	39	5	1:52:11
6	Dulcie Crowther	41	6	1:54:04
7	Amy Bauman	36	7	2:06:27
8	Emily Shaup	36	8	2:09:46
9	Christine Theilade	34	9	2:14:21
10	Mandi Roberts	35	10	2:15:57
11	Julie Eckert	31	11	2:16:01
12	Anne Morrison	31	12	2:21:13
13	Ologa Capriola	43	13	2:37:08
14	Janette Speakman	40	14	2:42:20
15	Debbie Clair	55	15	2:42:53
16	Carole Lockwood	37	16	2:43:05
17	Bree Greallis	36	17	2:43:06
18	Margaret Morrison	31	18	2:44:44
19	Diana Freis-Lutz	47	19	3:11:56
20	Michelle Dizon	41	20	3:12:22
21	Giselle Evora	38	21	3:22:12

FEMALE AGE GROUP: 30 - 39

1	Kara Comiter	35	1	1:46:50
2	Amanda Wareheim	39	2	1:52:11
3	Amy Bauman	36	3	2:06:27

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     4 Emily Shaup           36    4 2:09:46
     5 Christine Theilade    34    5 2:14:21
     6 Mandi Roberts         35    6 2:15:57
     7 Julie Eckert          31    7 2:16:01
     8 Anne Morrison         31    8 2:21:13
     9 Carole Lockwood       37    9 2:43:05
    10 Bree Greallis         36    10 2:43:06
    11 Margaret Morrison     31    11 2:44:44
    12 Giselle Evora         38    12 3:22:12

MALE AGE GROUP:  30 - 39
     1 Todd Nurnberger       39    1 2:15:56
     2 Robert Schroeter      32    2 2:21:13
     3 David Ziemer          30    3 2:31:25

FEMALE AGE GROUP:  40 - 49
     1 Dulcie Crowther       41    1 1:54:04
     2 Ologa Capriola        43    2 2:37:08
     3 Janette Speakman      40    3 2:42:20
     4 Diana Freis-Lutz      47    4 3:11:56
     5 Michelle Dizon        41    5 3:12:22

MALE AGE GROUP:  40 - 49
     1 Spencer Dickey        45    1 1:49:14
     2 Mike Bertrand         46    2 1:56:04

FEMALE AGE GROUP:  50 - 59
     1 Debbie Clair          55    1 2:42:53

MALE AGE GROUP:  50 - 59
     1 Andy Haward           50    1 1:50:49
     2 Rey Lutz              56    2 3:11:58

FEMALE AGE GROUP:  60 and Over

MALE AGE GROUP:  60 and Over
     1 Steve Margee          62    1 2:19:43
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Notes/Quotes

Juan Robles, Turabo University, Puerto Rico and St. Croix Central High School graduate is V.I. Half-Marathon Champion Men and defending V.I. Half-Marathon champion…set a course record

Theresa Harper 2006, 2007, 2005 St. Croix Marathon winner is the V.I. Half-Marathon Champion

Ana Guiterrez V.I. Olympic Marathon runner in the Barcelona Olympic Games is the new V.I. Marathon Champion

Steve Burkholder won the race in 2005

George Jules who has won V.I. Half-Marathon many times, held the finish tape today and assisted runners on his bicycle

Dr. Marlon Williams, 3 time Olympic Marathon Runner and 4 time Olympian handed out awards to the runners.

Tom Guthrie, Vice-President of the Virgin Islands Olympic Committee led the field of runners in the marathon on his bicycle and handed out awards.

Cathy Prince, the first female V.I.Pace Runner led the field on the Half-Marathon course

Quotes from visitors:

"The support was fantastic! I felt that the entire island enthusiastically made the marathoners a memorable experience for those of us who came from Nashville".

Walter Clair

"This was my first race of any kind (1/2 or full marathon) and I thought the support was great and the course was very appropriate. I enjoyed it thoroughly and will be running more races since my experience was so great!"

Amy Buman

"This was my second ½ marathon and I found it quite enjoyable. The route was scenic and most importantly, shady. The support was excellent with plenty of water and Gatorade and volunteers on bicycles to encourage the runners and ensure we stayed on course. It was overall an great experience".

Debbie Clair

"This was my first half-marathon, I had a personal Police escort for the last mile which added to the experience. The support staff was awesome and really made a difference. I would do this race again in a heart beat!"

Christine Theilade

What a way to run a marathon…Caribbean island, beautiful scenery, fantastic support combined with a relaxing vacation…Bravo!"

Stephen Sabin