



To Hamm's Bay

18 Mile

### FREDERIKSTED TOWN INSTRUCTIONS

At the 18 mile mark you have returned to the town of Frederiksted where you will run around Medre Cummings park and continue to Hamm's Bay for the second and last time. On return to Frederiksted and to the FINISH, you do NOT go into the rainforest for the second time. On return from Hamm's Bay the second time at the Fort you are at the 26 mile mark..

FINISH

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Imagery Date: Oct 31, 2006

17°42'53.89" N 64°52'58.74" W elev 0 ft

Google  
Eye alt 1660 ft