



The 9th St. Croix International Marathon set for December 5, 2010

Race Notes...

□ **What:** The 9th St. Croix International Marathon a 26.2 mile road race for runners men and women 18 years and older...The marathon is a race with enormous history...its origin is associated with the ancient games of the Olympiad in Greece and the myth of the messenger Pheidippides running from battlefield of Marathon to Athens to deliver the news that the Athenians had won victory over the more Persians...it is the only event designed for the Olympic Games.

Included on race day is The 9th St. Croix International Marathon (will start at 5am at Plaza Extra West), The Virgin Islands Half-Marathon(will start at 6:00 am at Butler Bay, The St. Croix Marathon Relay (The St. Croix Marathon Relay Teams = 6 runners per team/Legs—5k (3.1 miles), 10k (6.2 miles), 5k (3.1 miles), 10k (6.2 miles), 5k (3.1 miles), 7k (4.47 miles) a total of 26.2 miles

When: December 5, 2009 at 5am to Noon...The St. Croix International Marathon is the first marathon in the world to be run in the “New Millennium” (01-01-01) and it was for several years the first marathon run in the world each year since.

□ **Where:** Course--Frederiksted, St. Croix, Virgin Islands on the road and street from Plaza Extra West (near St.Joseph’s Church) on Queen Mary Highway to Frederiksted to Vincent Mason Pool to Frederiksted to Hamm’s Bluff to Mahogany Road past Lagrange to Frederiksted Medre Cummings playground to Hamm’s Bluff to Frederiksted to Market St. to Strand St. to Ann Abramson pier. The course is certified by AIMS/IAAF and runners may qualify for the Olympics, World Championships and Boston Marathon...the course is scenic, it’s flat, it’s fast...

Organization: Organized by The Virgin Islands Pace Runners with support from: The St.Croix Track Club, The V.I.Cycling Federation, The Virgin Islands Police Department, St. Croix Rescue; Carib Dynamics; Volunteers

Sanctioned by: The Association of International Marathons and Road Races, the International Association of Road Races and the Virgin Islands Track and Field Federation

□ **Who:** All runners are invited...registered local runners from previous winners and participants and new ones...regional runners from neighboring islands...international runners from Europe, the Americas, Canada, USA, others

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Supporters: Plaza Extra; Joel H. Holt, Attorney; Larry Williams Commodity Timing, HOVENSA, Triangle Construction Inc., The Buccaneer Resort, Bohlke International Airways, Sunny Isle Shopping Center, Williams Chiropractic Center, Caribbean Health and Fitness Complex, HH Tire and Battery, Quality Auto Parts, Caribbean Cooling, IB Designs, Crucian Gold...

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Previous Winners Male: Marlon Williams, V.I. 2001; Calvin Dallas V.I. 2003; Steve Burkholder V.I. 2005; Calvin Dallas V.I. 2006; Pamenos Ballantyne, St. Vincent and the Grenadines 2007, Jose Rodriquez, Puerto Rico, 2008 2009 Billy Bohlke, V.I., 2009 Billy Bohlke, V.I. (race date changed from New Year's Day) □

Previous Winners Female: Jo Shim V.I. 2001; Theresa Harper V.I. 2003, 2005, 2006, 2007; Ruth-Ann David 2008, V.I., 2009 Ruth Ann David, V.I. (race date changed from New Year's Day)

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Race Record Men: Pamenos Ballantyne, (2006) St. Vincent and the Grenadines 2:40.28

Race Record Women: Ruth-Ann David, St.Thomas, Virgin Islands 3:25.44 (2009)