

V.I. Pace Runners Bulletin: February 12, 2017
Toast-To-The Captain...a time in Black History...



Many participate in activities to celebrate Black History Month at the annual celebration. Captain Teddy Seymour took time in his life to make history. He was an All-America Cross-Country Runner at Central State University; he was the 31st black officer in the United States Marine Corp achieving the rank of Captain; he is a Veteran of the Vietnam War and on February 24, 1986 he lifted anchor and set sail in his 50 foot sailboat “Love Song” on his historic solo circumnavigation of the world.

Included in the considerable recognition for his voyage, The Toast-To-The Captain 8.4 mile road race is the idea of Wallace Williams, Olympic Marathon Runner and Founder of V.I.Pace Runners and friend meant to honor Captain Seymour who was actually at sea on the historic voyage. “I followed his journey and we kept in touch. “I remember being alerted via ham radio that he approaching home...unfortunately we couldn’t get the media to the pier because Vice-President Bush was on the island and grabbed the attention. Ted didn’t mind as it seemed that his effort had deeper meaning”.

In the early going past winner Billy Bohlke and Michael Eden were shadowing each other for over five miles of the scenic and hilly course. Approaching the top of Lowry Hill and the 10k mark, Eden pulled ahead and maintained the lead to the finish at the Christiansted National Historic Site of the National Park Service. Eden’s time was 56:55; Bohlke was a close second in 57:51; Dominic Puglise of Good Hope Country Day School was barely a stride ahead of his teammate Nayan Bansal and finished third in 60:14 to 60:15 Paus Evora was fifth in 63:56.

Amy Roberts fresh off her group leading run in Monday’s Caribbean Cruise Run was the first female finisher and fifth overall with a time of 63:10; Kat Bronsoon was second in 65:47; Molly Nader was third in 67:29; Ester Ellis was fourth in 69:42; and Allison Januszewicz was fifth in 70:49.

Runners are gearing up for a busy month in March with the announcement that V.I.Pace Runners has signed on to host and organize an event specifically for a group of Danish runners for the celebration the Centennial of the Transfer of the Danish West Indies to the USA. The event will consist of three marathons, three half-marathons and three 10k road races included as follows: March 5 St.

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Thomas; March 9, March 12 St. Croix. Scheduled also is the annual Flight 64 4mile road race on March 5 and the annual UVI Queen Mary Highway 5k on March 17



AWARD LIST FOR RACE
THE 31ST ANNUAL TOAST-TO-THE-CAPTAIN ROAD RACE
Distance: 8.4 Miles...Rolling Loop Course
February 11, 2017
Christiansted, St. Croix, Virgin Islands USA
Organized by: The Virgin Islands Pace Runners
Sanctioned by: The Virgin Islands Track and Field Federation

***** MALE OVERALL RESULTS FOR 8.4 mile RACE *****

1	MICHAEL Eden	31 St. Croix, VI	56:55
2	BILLY Bohlke	36 Bohlke Airways	57:51
3	DOMINIC Pugliese	15 Good Hope Count	1:00:14
4	NAYAN Banson	15 Good Hope Count	1:00:15
5	PAUL Evora	47 St. Croix, VI	1:03:56
6	DARYL Jaschen	36 St. Croix, VI	1:08:26
7	NATHANIEL Copping	33 St. Croix, VI	1:10:26
8	RANDALL Nielsen	49 V.I.Superior Co	1:10:43
9	ISLAM Quttoum	32 St. Croix, VI	1:11:45
10	KEVIN Miner	25 St. Croix, VI	1:12:54
11	MIKE Klein	51 Jolly Roger	1:13:28
12	JOHN Daniel	33 St. Croix, VI	1:14:01
13	JAY Gleason	42 St. Croix, VI	1:14:57
14	KSEVIN Salim	34 St. Croix, VI	1:15:25
15	PAUL Desjardins	60 St. Croix, VI	1:17:01
16	MICHAEL Bouroque	39 St. Croix, VI	1:20:24
17	ANTONIO Stevens	52 St. Croix, VI	1:23:51
18	DON Bingham	44 St. Croix, VI	1:23:52
19	FLORENDO Astropabio	38 St. Croix, VI	1:27:10
20	JAY Beckstaffer	35 St. Croix, VI	1:31:17
21	WES Whitehurst	69 St. Croix, VI	2:25:57

***** FEMALE OVERALL RESULTS FOR 8.4 mile RACE *****

1	AMY Roberts	37 St. Croix, VI	1:03:10
2	KAT Brownsoon	45 St. Croix, VI	1:05:47
3	MOLLY Nadler	30 St. Croix, VI	1:07:29
4	ESTHER Ellis	36 St. Croix, VI	1:09:42

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5	ALLISON Januszewicz	39	St. Croix, VI	1:10:49
6	MEGAN Lambert	35	St. Croix, VI	1:11:04
7	HEIDI Snow	41	St. Croix, VI	1:14:06
8	KEZIAH Sullivan	55	St. Croix, VI	1:15:14
9	ANAIS Alicea	25	St. Croix, VI	1:15:29
10	EMMA Bouroque	38	St. Croix, VI	1:17:49
11	GWEN Eden	31	St. Croix, VI	1:18:24
12	ROBIN Seila	33	St. Croix, VI	1:18:30
13	DULCIE Crowther	47	St. Croix, VI	1:18:46
14	RACHEL Conhoff	17	St. Croix, VI	1:20:33
15	THERESA Harper	50	St. Croix, VI	1:20:33
16	AVORY Resca	26	St. Croix, Vi	1:24:44
17	DANIELLE Bekstaffer	35	St. Croix, VI	1:31:17
18	CYNTHIA Whitehurst	77	St. Croix, VI	2:20:18
FEMALE AGE GROUP: 10 - 19				
1	30 RACHEL Conhoff	1:20:33	17 St. Croix, VI	1:20:33 80:33
MALE AGE GROUP: 10 - 19				
1	3 DOMINIC Pugliese	1:00:14	15 Good Hope Country	1:00:14 60:14
2	4 NAYAN Banson	1:00:15	15 Good Hope Country	1:00:15 60:15
FEMALE AGE GROUP: 20 - 29				
1	23 ANAIS Alicea	1:15:29	25 St. Croix, VI	1:15:29 75:29
2	34 AVORY Resca	1:24:44	26 St. Croix, Vi	1:24:44 84:44
MALE AGE GROUP: 20 - 29				
1	16 KEVIN Miner	1:12:54	25 St. Croix, VI	1:12:54 72:54
FEMALE AGE GROUP: 30 - 39				
1	5 AMY Roberts	1:03:10	37 St. Croix, VI	1:03:10 63:10
2	8 MOLLY Nadler	1:07:29	30 St. Croix, VI	1:07:29 67:29
3	10 ESTHER Ellis	1:09:42	36 St. Croix, VI	1:09:42 69:42
4	13 ALLISON Januszewicz	1:10:49	39 St. Croix, VI	1:10:49 70:49
5	14 MEGAN Lambert	1:11:04	35 St. Croix, VI	1:11:04 71:04
6	25 EMMA Bouroque	1:17:49	38 St. Croix, VI	1:17:49 77:49
7	26 GWEN Eden	1:18:24	31 St. Croix, VI	1:18:24 78:24 k
8	27 ROBIN Seila	1:18:30	33 St. Croix, VI	1:18:30 78:30
9	37 DANIELLE Bekstaffer	1:31:17	35 St. Croix, VI	1:31:17 91:17
MALE AGE GROUP: 30 - 39				
1	1 MICHAEL Eden	56:55	31 St. Croix, VI	56:55 56:55
2	2 BILLY Bohlke	57:51	36 Bohlke Airways	57:51 57:51
3	9 DARYL Jaschen	1:08:26	36 St. Croix, VI	1:08:26 68:26
4	11 NATHANIEL Copping	1:10:26	33 St. Croix, VI	1:10:26 70:26
5	15 ISLAM Quttoum	1:11:45	32 St. Croix, VI	1:11:45 71:45
6	18 JOHN Daniel	1:14:01	33 St. Croix, VI	1:14:01 74:01
7	22 KSEVIN Salim	1:15:25	34 St. Croix, VI	1:15:25 75:25
8	29 MICHAEL Bouroque	1:20:24	39 St. Croix, VI	1:20:24 80:24
9	35 FLORENDO Astropabio	1:27:10	38 St. Croix, VI	1:27:10 87:10
10	36 JAY Beckstaffer	1:31:17	35 St. Croix, VI	1:31:17 91:17
FEMALE AGE GROUP: 40 - 49				
1	7 KAT Brownsoon	1:05:47	45 St. Croix, VI	1:05:47 65:47
2	19 HEIDI Snow	1:14:06	41 St. Croix, VI	1:14:06 74:06
3	28 DULCIE Crowther	1:18:46	47 St. Croix, VI	1:18:46 78:46
MALE AGE GROUP: 40 - 49				
1	6 PAUL Evora	1:03:56	47 St. Croix, VI	1:03:56 63:56
2	12 RANDALL Nielsen	1:10:43	49 V.I. Superior Court	1:10:43 70:43
3	20 JAY Gleason	1:14:57	42 St. Croix, VI	1:14:57 74:57
4	33 DON Bingham	1:23:52	44 St. Croix, VI	1:23:52 83:52
FEMALE AGE GROUP: 50 - 59				
1	21 KEZIAH Sullivan	1:15:14	55 St. Croix, VI	1:15:14 75:14
2	31 THERESA Harper	1:20:33	50 St. Croix, VI	1:20:33 80:33
MALE AGE GROUP: 50 - 59				
1	17 MIKE Klein	1:13:28	51 Jolly Roger	1:13:28 73:28

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2	32 ANTONIO Stevens	1:23:51	52 St. Croix, VI	1:23:51	83:51
FEMALE AGE GROUP: 60 - 99					
1	38 CYNTHIA Whitehurst	2:20:18	77 St. Croix, VI	2:20:18	140:18
MALE AGE GROUP: 60 - 99					
1	24 PAUL Desjardins	1:17:01	60 St. Croix, VI	1:17:01	77:01
2	39 WES Whitehurst	2:25:57	69 St. Croix, VI	2:25:57	145:57

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OVERALL MIXED RESULTS
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 Distance: 8.4 Miles...Rolling Loop Course
 February 11, 2017
 Christiansted, St. Croix, Virgin Islands USA
 Organized by: The Virgin Islands Pace Runners
 Sanctioned by: The Virgin Islands Track and Field Federation

Place	Name	Age	S	City	St Club	Time	Pace
1	MICHAEL Eden	31	M	St. Croix, VI		56:55	6:47
2	BILLY Bohlke	36	M	Bohlke Airways		57:51	6:54
3	DOMINIC Pugliese	15	M	Good Hope Count		1:00:14	7:11
4	NAYAN Banson	15	M	Good Hope Count		1:00:15	7:11
5	AMY Roberts	37	F	St. Croix, VI		1:03:10	7:32
6	PAUL Evora	47	M	St. Croix, VI		1:03:56	7:37
7	KAT Brownsoon	45	F	St. Croix, VI		1:05:47	7:50
8	MOLLY Nadler	30	F	St. Croix, VI		1:07:29	8:03
9	DARYL Jaschen	36	M	St. Croix, VI		1:08:26	8:09
10	ESTHER Ellis	36	F	St. Croix, VI		1:09:42	8:18
11	NATHANIEL Copping	33	M	St. Croix, VI		1:10:26	8:24
12	RANDALL Nielsen	49	M	V.I. Superior Co		1:10:43	8:26
13	ALLISON Januszewicz	39	F	St. Croix, VI		1:10:49	8:26
14	MEGAN Lambert	35	F	St. Croix, VI		1:11:04	8:28
15	ISLAM Quttoum	32	M	St. Croix, VI		1:11:45	8:33
16	KEVIN Miner	25	M	St. Croix, VI		1:12:54	8:41
17	MIKE Klein	51	M	Jolly Roger		1:13:28	8:45
18	JOHN Daniel	33	M	St. Croix, VI		1:14:01	8:49
19	HEIDI Snow	41	F	St. Croix, VI		1:14:06	8:50
20	JAY Gleason	42	M	St. Croix, VI		1:14:57	8:56
21	KEZIAH Sullivan	55	F	St. Croix, VI		1:15:14	8:58
22	KSEVIN Salim	34	M	St. Croix, VI		1:15:25	8:59
23	ANAIS Alicea	25	F	St. Croix, VI		1:15:29	9:00
24	PAUL Desjardins	60	M	St. Croix, VI		1:17:01	9:11
25	EMMA Bouroque	38	F	St. Croix, VI		1:17:49	9:16
26	GWEN Eden	31	F	St. Croix, VI		1:18:24	9:20
27	ROBIN Seila	33	F	St. Croix, VI		1:18:30	9:21
28	DULCIE Crowther	47	F	St. Croix, VI		1:18:46	9:23
29	MICHAEL Bouroque	39	M	St. Croix, VI		1:20:24	9:35
30	RACHEL Conhoff	17	F	St. Croix, VI		1:20:33	9:36
31	THERESA Harper	50	F	St. Croix, VI		1:20:33	9:36
32	ANTONIO Stevens	52	M	St. Croix, VI		1:23:51	9:59
33	DON Bingham	44	M	St. Croix, VI		1:23:52	10:00
34	AVORY Resca	26	F	St. Croix, Vi		1:24:44	10:06
35	FLORENDO Astropabio	38	M	St. Croix, VI		1:27:10	10:23
36	JAY Beckstaffer	35	M	St. Croix, VI		1:31:17	10:53
37	DANIELLE Bekstaffer	35	F	St. Croix, VI		1:31:17	10:53
38	CYNTHIA Whitehurst	77	F	St. Croix, VI		2:20:18	16:43
39	WES Whitehurst	69	M	St. Croix, VI		2:25:57	17:23