

# V.I. Pace Runners Bulletin November 1, 2011 Cross-Country Champions Decided...

On average close to two-hundred runners showed up each week for the annual V.I.Pace Runners/4-H Cross-Country Series meets at the University of the Virgin Islands St. Croix Campus. The St. Croix Elementary Championship were held on Wednesday Oct. 26 and the season will close on Saturday Nov. 5 8am at the UVI St. Croix Campus with the running of the annual the Veterans Day 5K/V.I. Cross-Country Championships.



Elementary Boys 1 mile race

V.I.Pace Runners Photo

In a very exciting finish top runners in the one mile race for boys were Valence Modeste of Ricardo Richards with a time of 6:29; Phar I Merchant also of RRS was second in 6:31 and in third place was Patrick Northorp of Recardo Richards School in 6:57. Alexander Henderson School took team honors with 64 points and Valance Modeste took honors for Elementary Male Cross-Country MVP with 60 points over the three race series.



Elementary Girls one mile race

V.I.Pace Runners photo

Mikaela Smith of Good Shepard School dominated the elementary girls race with a personal best time over the mile of 6:21; Stephanie Matthew of Eulalia Rivera School was second in 6:49; Annika Benders also of Eulalia Rivera School was third in 7:24.

Eulalia Rivera School took team honors with 68 points and Mikaela Smith was the MVP with 60 points over the three races.



Malique Smith, St.Croix Educational Complex High School V.I.Pace Runners photo

In the under 16 boys race over two miles, Malique Smith a freshman at the St.Croix Educational Complex chopped nearly a half minute off his personal best and took first place in 11:34; Adriel Sanes of Good Hope School was second in 12:31 and Karim Jno-Finn of Arthur Richards school was third in 13:15



Britney Sage (#799)

V.I.Pace Runners Photo

Britney Sage of the St. Croix Educational Complex High School was the first under 16 girls with a time of 17:36; Krystahl Gordon John H Woodson School was second in 17:55 and Bernita Daniel of St. Croix Central High School was third in 19:36



Alex Rodriguez St. Croix Central HS (#787) Stephanie Rhoden Manor School (#1895) V.I. Pace Runners Photo

Alex Rodriguez of St. Croix Central High School took first place in the male under 20/open 3.1 mile race with a time of 19:58 for his third consecutive win. Jeremy

Kariah of Good Hope School was second in 20:48 and Deshaun Webbe of St. Croix Educational Complex High Schoool was third in 22:49

Stephanie Rhoden of Manor School dominated the girls under 20/open 3.1 mile race and took first place in 24:24, her third straight win. Jazmine Willock of Good Hope School was second in 27:03. Earthla Augustin VI Pace Runners was the lone female open winner in 28:37

# NOTES:

1] Cross-Country in the Virgin Islands is run in St. Croix and is hosted by the 4-H Program of the Cooperative Extension Service of the Virgin Islands. It is organized by the Virgin Islands Pace Runners and The St. Croix Track Club in cooperation with the St. Croix Inter-scholastic Athletic Association and sanctioned by the Virgin Islands Track and Field Federation.

2] Cross-Country in St. Thomas/St.John is hosted by the University of the Virgin Islands St. Thomas Campus and is organized by the Inter-Scholastic Association and the Department of Housing, Parks and Recreation.

3] The University of the Virgin Islands fields a cross-country team which competes in the Liga Athletica Interuniversitaria de Puerto Rico.

4] A qualification meet for the Liga Athletica Interuniversitaria de Puerto Rico hosted by the University of the Virgin Islands St. Croix Campus was scheduled for 2010 was canceled due to student strike of Puerto Rico university students. The meet was to be held also in October of 2011 and has been canceled due to transportation challenges for the volume of athletes, coaches and officials anticipating the trip to St. Croix.

5] Championship events will be held over the cross-country series to determine category winners. The annual Virgin Islands National Cross-Country Championships will be held in conjunction with the Veterans Day 5K in November. The Virgin Islands Track and Field Federation sanctions cross-country and will consider individual performances in effort to select a national cross-country team for the NACAC Cross-Country Championships to be held in February or March in Trinidad and Tobaco and potentially the IAAF World Cross-Country Championships held in the spring also.

6] There is an average 200 registered participants for St. Croix Cross-Country each week. There is an average of 200 registered participants for the St. Thomas/St. John weekly races 6] For Cross-Country Schedules logon to: http://virginislandspace.org/calendar2011-2012.htm

7] Complete results of each cross-country race and past years can be found on:

http://virginislandspace.org and/or http://www.eteamz.com/stxtc

Wednesday October 26 Complete Results:

<u>Elementary Female Cross Country MVP</u> Mikaela Smith – Good Shepherd – 60 points

<u>Elementary Male Cross Country MVP</u> Valence Modeste – Ricardo Richards – 60 points

<u>Elementary Girls</u> <u>School Champion:</u> Eulalie Rivera – 68 points Stefanie Matthew 2 – Annika Benders 3 – Skyla Marthurin 12 – Lila Ismail 13 – Jader Goodwin 38 <u>School Runner Up:</u> Alexander Henderson – 102 points Kishaundah Romain 6 – Natasha Nedwetzky 8 – Amira Thomas 19 – Hadassah Whitehead 30 – Lynaisha Roebuck 39

<u>Elementary Boys</u> <u>School Champion</u>: Alexander Henderson – 64 points Patrick Northtrop 3 – Miguel Gensee 12 – Rafael Jackson 13 – Tovy Troy 15 – Kevin Romain 21 <u>School Runner Up</u>: Alfredo Andrews – 83 points Nelson Navarro 7 – Leandro Pilier 9 – Nalachi Grayham 14 – Jamar Ventura 25 – Fancisco Diaz 28

<u>1 Mile Elementary Girls</u>

- 1. Mikaela Smith Good Shepherd 6:21
- 2. Stefanie Matthew Eulalie Rivera 6:49
- 3. Annika Benders Eulalie Rivera 7:24

1 Mile Elementary Boys

- 1. Valence Modeste Ricardo Richards 6:29
- 2. Phar-I Merchant Ricardo Richards 6:31
- 3. Patrick Northrop Alexander Henderson 6:57

2 Mile Under 16 Girls

- 1. Britney Sage St. Croix Educational Complex 17:36
- 2. Krystahl Gordon John H Woodson 17:55
- 3. Bernita Daniel St. Croix Central High School 19:36

## 2 Mile Under 16 Boys

- 1. Malique Smith St. Croix Educational Complex 11:34
- 2. Adriel Sanes Good Hope 12:31
- 3. Karim Jno-Finn St. Croix Educational Complex 13:15

## 3.1 Mile Under 20/Open Female

- 1. Stephanie Rhoden Manor School 24:24
- 2. Jazmine Willock Good Hope 27:03
- 3. Earthla Augustin VI Pace Runners 28:37

## 3.1 Mile Under 20/Open Male

- 1. Alex Rodriguez St. Croix Central High School 19:58
- 2. Jeremy Kariah Good Hope 20:48
- 3. Deshaun Webbe St. Croix Educational Complex 22:49

# STX Cross Country Championship Results (10/26/2011) GIRLS - 1 MILE Place Name Time Grade School

#### ELEMENTARY

1 MIKAELA SMITH 6:21 5 GOOD SHEPHERD 2 STEFANIE MATTHEW 6:49 6 EULALIE R RIVERA 3 ANNIKA BENDERS 7:24 6 EULALIE R RIVERA 4 VANIQUA EDWARDS 7:26 5 RICARDO RICHARDS 5 VIVICA EDWARDS 7:41 5 RICARDO RICHARDS 6 KISHAUNDAH ROMAIN 7:45 5 ALEXANDER HENDERSON 7 DAVICIA GABRIEL 7:45 4 CHARLES H EMANUEL 8 NATHASHA NEDWETZK 7:53 5 ALEXANDER HENDERSON 9 DESIREE JOSEPH 8:08 6 GOOD HOPE **10 TIJIERA MATTHEW 8:10 5 RICARDO RICHARDS** 11 MACOYAH BARRY 8:21 6 CLAUDE O MARKOE 12 SKYLA MATHURIN 8:34 5 EULALIE R RIVERA 13 LILA ISMAIL 8:37 3 EULALIE R RIVERA 14 NABRIA RITTER 8:41 4 CLAUDE O MARKOE 15 SHADEJAH RITTER 8:44 6 CLAUDE O MARKOE 16 MICHELLE SMITH 8:56 K5 GOOD SHEPHERD 17 REANNA JAMES 9:07 4 JUANITA GARDINE 18 KIARA REID 9:13 5 ALFREDO ANDREWS 19 AMIRA THOMAS 9:19 5 ALEXANDER HENDERSON 20 SHOMYRA FRANCIS 9:20 4 JUANITA GARDINE 21 Z'ZERNAY SERRANO 9:22 4 ALFREDO ANDREWS

22 BRIANNA PRYCE 9:24 6 ALFREDO ANDREWS 23 AMINAH CRAWFORD 9:25 3 ALFREDO ANDREWS 24 BREANA WARD 9:31 5 GOOD HOPE 25 ENYRAH MILLER 9:36 3 CLAUDE O MARKOE 26 RORY RAMSDELL 9:39 2 GOOD HOPE 27 DENYELL KAINTH 9:54 6 GOOD HOPE 28 CASSANDRA GUZMAN 9:57 6 GOOD HOPE 29 KILEY AMBER DRAUGH 9:58 6 GOOD HOPE 30 HADASSAH WHITEHEA 10:01 3 ALEXANDER HENDERSON 31 NIALAH EDWARD 10:15 2 GOOD SHEPHERD 32 MIA NELSON 10:17 5 GOOD HOPE 33 DIVANA WYANT 10:28 6 ALFREDO ANDREWS 34 LORENA ASCENCIO 10:30 4 ALFREDO ANDREWS 35 ASHANNA ANNEL 10:32 4 ALFREDO ANDREWS 36 KAYANNA CLERCENT 10:34 3 ALFREDO ANDREWS 37 M'KAYLA JACKSON 11:07 2 CLAUDE O MARKOE 38 JADER GOODWIN 11:20 3 EULALIE R RIVERA 39 LYNAISHA ROEBUCK 11:34 5 ALEXANDER HENDERSON 40 TRENYCE SWANSON 11:34 2 EULALIE R RIVERA 41 CRISMEL BERRA 12:04 2 JUANITA GARDINE 42 YASMIN PAYNE 12:28 3 JUANITA GARDINE 43 ANEIRY CHARLES 12:34 3 JUANITA GARDINE **BOYS - 1 MILE Place Name Time Grade School ELEMENTARY** 1 VALENCE MODESTE 6:29 5 RICARDO RICHARDS 2 PHAR-I MERCHANT 6:31 5 RICARDO RICHARDS **3 PATRICK NORTHROP 6:57 5 ALEXANDER HENDERSON** 4 EMMANUEL ROJAS 7:01 6 CLAUDE O MARKOE **BOYS - 1 MILE Place Name Time Grade School ELEMENTARY** 5 JACK RAMSDELL 7:05 5 GOOD HOPE 6 GEOVAN ACOSTA 7:08 4 CHARLES H EMANUEL 7 NELSON NAVARRO 7:10 5 ALFREDO ANDREWS 8 TERREL EDWARDS 7:13 5 EULALIE R RIVERA 9 LEANDRO PILIER 7:16 5 ALFREDO ANDREWS 10 ISAAC MENDEZ 7:17 6 EVELYN M WILLIAMS 11 TERIOUE EDWARDS 7:18 5 EULALIE R RIVERA 12 MIGUEL GENSEE 7:21 4 ALEXANDER HENDERSON 13 RAFAEL JACKSON 7:29 4 ALEXANDER HENDERSON 14 NALACHI GRAYHAM 7:30 5 ALFREDO ANDREWS 15 TOVY DAVIS 7:36 4 ALEXANDER HENDERSON 16 ANTHONY DELERME 7:41 3 JUANITA GARDINE 17 JAMICHAEL LEWIS 7:43 6 EVELYN M WILLIAMS 18 MASSE HATCHER 7:46 3 EULALIE R RIVERA

19 ADAMLEE DAVIS 7:46 3 JUANITA GARDINE 20 JHANICH GONSALVES 7:52 4 EULALIE R RIVERA 21 KEVIN ROMAIN 7:56 6 ALEXANDER HENDERSON 22 JABARI DAVIS 7:58 4 JUANITA GARDINE 23 TYEEM DAVIS 8:04 3 ALEXANDER HENDERSON 24 DAVID ASCENCIO 8:06 5 ALEXANDER HENDERSON 25 JAMAR VENTURA 8:07 4 ALFREDO ANDREWS 26 RENARD PHILIP 8:07 6 EVELYN M WILLIAMS 27 AVERY ABEL 8:13 6 GOOD HOPE 28 FANCISCO DIAZ 8:15 3 ALFREDO ANDREWS 29 JEDELL TITUS 8:20 4 ALEXANDER HENDERSON 30 JARED DOVER 8:22 4 EULALIE R RIVERA 31 ASHOY CHERY 8:28 4 ALEXANDER HENDERSON 32 REINALDO SANTIAGO 8:30 5 ALFREDO ANDREWS 33 FANCHEL RODRIGUEZ 8:32 5 ALFREDO ANDREWS 34 NASH RAMSDELL 8:34 4 GOOD HOPE 35 RAYVON FREEMAN 8:36 4 EULALIE R RIVERA 36 CALVIN JACKSON 8:37 4 JUANITA GARDINE 37 VINCENT JOSEPH 8:42 5 EVELYN M WILLIAMS 38 GABRIEL SANES 8:55 5 GOOD HOPE 39 ENYJAH MILLER 9:12 4 CLAUDE O MARKOE 40 JULIAN DURAND 9:28 5 EVELYN M WILLIAMS 41 CASSIUS JR. CLIFF 9:29 4 EVELYN M WILLIAMS 42 PHI-JAH MERCHANT 9:45 4 RICARDO RICHARDS 43 JERMAUDE BRYAN 9:49 3 CHARLES H EMANUEL 44 JAHNIE RIVERA 9:51 3 JUANITA GARDINE 45 NEAL HENRY 11:33 5 EULALIE R RIVERA 46 KESEAN PHILLIPS 11:33 5 EULALIE R RIVERA 47 MALIK BALTIMORE 11:46 5 RICARDO RICHARDS 48 KALID BRUCE 11:51 5 ALEXANDER HENDERSON 49 DAVID ENCARNACION 11:58 4 ALEXANDER HENDERSON 50 SHAQUAN EVANS 12:26 4 ALFREDO ANDREWS 51 JORDAN EDWARDS 12:27 6 ALEXANDER HENDERSON 52 ALVIN BARNARD 13:31 5 GOOD SHEPHERD 53 K'JANI HENRY 13:33 3 CHARLES H EMANUEL **Results Generated by The St. Croix Track Club** Page 1 of 3 http://www.eteamz.com/stxtc/ STX Cross Country Championship Results (10/26/2011) **GIRLS - 2 MILE Place Name Time Grade School U-16** 1 BRITNEY SAGE 17:36 9 ST CROIX ED COMPLEX 2 KRYSTAHL GORDON 17:55 7 JOHN H WOODSON 3 BERNITA DANIEL 19:36 9 ST CROIX CENTRAL HIGH 4 COYA WILLIAM 19:57 10 ST CROIX ED COMPLEX 5 VITANYA MURRAY 19:59 10 ST CROIX ED COMPLEX

6 ASHLEY PADDIE 20:07 10 ST CROIX ED COMPLEX 7 AMANDA RUPARELIA 21:21 7 GOOD HOPE 8 ANIKA HARVEY 28:18 7 GOOD HOPE **BOYS - 2 MILE Place Name Time Grade School U-16** 1 MALIQUE SMITH 11:34 9 ST CROIX ED COMPLEX 2 ADRIEL SANES 12:31 7 GOOD HOPE

3 KARIM JNO-FINN 13:15 10 ST CROIX ED COMPLEX 4 RODNEY GRIFFIN 13:31 8 ARTHUR A RICHARDS 5 DUNCAN COLES 14:11 9 GOOD HOPE 6 DANTE FRANCIS 15:04 10 ST CROIX ED COMPLEX 7 ISAIAH BROWNE 15:06 10 ST CROIX ED COMPLEX 8 JORGE FELIX 15:45 7 ARTHUR A RICHARDS 9 ISMAEL GONZALEZ 17:22 7 JOHN H WOODSON 10 JAHEEM FINGAL 18:16 7 JOHN H WOODSON 11 MORGAN COLES 18:37 8 GOOD HOPE 12 RASHAWN RHYMER 18:43 7 JOHN H WOODSON 13 BRANDON DRAUGHEN- 19:37 8 GOOD HOPE 14 ERIK RUPARELIA 21:33 7 GOOD HOPE 15 HENRIK RUPARELIA 25:36 7 GOOD HOPE

#### **GIRLS - 3.1 MILE**

# Place Name Time Grade School *U-20*

1 STEPHANIE RHODEN 24:24 12 MANOR SCHOOL 2 JAZMINE WILLOCK 27:03 11 COUNTRY DAY 4 AMANDA JOSEPH 30:31 12 ST CROIX CENTRAL HIGH 5 SHANEL SOANES 31:10 12 ST CROIX ED COMPLEX 6 ALILE BROWNE 31:20 10 ST CROIX ED COMPLEX 7 JESSICA HUITAULT 39:15 11 GOOD HOPE 8 WILLOW NELSON 41:16 11 GOOD HOPE 9 AJA BOYD 41:42 11 GOOD HOPE **BOYS - 3.1 MILE** 

# Place Name Time Grade School *U-20*

1 ALEX RODRIGUEZ 19:58 12 ST CROIX CENTRAL HIGH 2 JEREMY KARIAH 20:48 12 GOOD HOPE 3 DESHAUN WEBBE 22:49 10 ST CROIX ED COMPLEX 4 ALEX BROOKES 22:55 12 ST CROIX ED COMPLEX 5 ELISTON HUGHES 24:24 9 ST CROIX CENTRAL HIGH 6 JUSTIN RIVERA 26:11 12 ST CROIX CENTRAL HIGH 7 MALIQUE GREEN 26:15 10 ST CROIX CENTRAL HIGH 8 DANNY KENSES 26:22 12 GOOD HOPE 9 KUSMOS PATRIC 27:38 12 ST CROIX ED COMPLEX 10 GARY WALKER 28:29 11 ST CROIX CENTRAL HIGH **BOYS - 3.1 MILE**  **Place Name Time Grade School** U-20 11 GARY JARVIS 31:17 11 ST CROIX CENTRAL HIGH **Results Generated by The St. Croix Track Club** Page 2 of 3 http://www.eteamz.com/stxtc/ STX Cross Country Championship Results (10/26/2011) - Team scores are based on the addition of the first 5 places of the athletes for each team (lowest score wins). - Ranking for schools with fewer than 5 athletes is accomplished by giving priority to the number of athletes on the team (team with higher number of athletes is ranked higher) followed by team score compared to teams with the same number of athletes. - Scores for teams with fewer than 5 athletes are not posted. Note: **Final Team Standing ELEMENTARY - Girls Place School Name Score** 1 EULALIE R RIVERA 68 2 ALEXANDER HENDERSON 102 **3 CLAUDE O MARKOE 102** 4 GOOD HOPE 114 **5 ALFREDO ANDREWS 117 6 JUANITA GARDINE 163 7 RICARDO RICHARDS 8 GOOD SHEPHERD 9 CHARLES H EMANUEL 10 EVELYN M WILLIAMS ELEMENTARY - Boys Place School Name Score 1 ALEXANDER HENDERSON 64** 2 ALFREDO ANDREWS 83 **3 EULALIE R RIVERA 87** 4 EVELYN M WILLIAMS 130 **5 JUANITA GARDINE 137 6 RICARDO RICHARDS** 7 GOOD HOPE **8 CHARLES H EMANUEL** 9 CLAUDE O MARKOE **10 GOOD SHEPHERD** Results Generated by The St. Croix Track Club Page 3 of 3 http://www.eteamz.com/stxtc/